



FRANK NILES



INFIELDERS WORKSHOP

Attend three nights of intense infielder workouts that will include:

- * GROUND BALL TECHNIQUE
- * DOUBLE PLAYS
- * RELAYS
- * TAG PLAYS
- * SLOW ROLLERS
- * RICOCHET PLAYS
- * DECOYS
- * READING PITCHES
- * WEIGHT TRANSFER
- * DIVING PLAYS

“There is no shortcut to becoming a good infielder. If you do the things we cover in this clinic and then field about 100 ground balls a day - you will get better!” - Coach Niles

AGES 7-9: 7:30 PM - 8:30 PM Wednesdays, 3/7, 3/14, 3/21

AGES 10-12: 8:30 PM - 9:30 PM Wednesdays, 3/7, 3/14, 3/21

COST is \$60.00 for Members and \$75.00 for Non Members.

ENROLLMENT IS LIMITED! - DON'T GET SHUT OUT, SIGN UP NOW!

Please detach and return with payment

SSBC 2018 INFIELDERS WORKSHOP REGISTRATION FORM

Name _____ Date of Birth _____

Street _____ City _____

State _____ Zip _____ Phone _____

E-Mail Address _____

Please check the age group you would like to attend. AGES 7-9 AGES 10-12

Please check method of payment: Members \$60.00 Non Members \$75.00

Cash Check MC VISA # _____ EXP. _____

Signature _____

OFFICE USE: DATE _____ AMT \$ _____ CASH CK # _____ AP # _____



www.SSBC.com

Administrative Offices: 190 Old Derby St., Suite 101 • Hingham, MA 02043 • 781-740-4382
Facility: 55 Recreation Park Drive • Hingham, MA 02043 • 781-749-6466 • 1-800-GO-4-HITS

SSBC – “Where the Dream Begins...”





55 Recreation Park Drive
Hingham, MA 02043



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